

TECHNICAL DESCRIPTIVE ACTIVITY

- **Duration of activity:** 4 days / 96 hours.
- **Pick up:** 07:00 am / Drop off: 17:00 AM.
- **Location:** Lo Barnechea, road to Farellones, Cerro Plomo, Santiago de Chile.
- **Time of the year:** November to March.
- **Meteorological conditions:** Activities are conducted in the East sector of the metropolitan region, sector Farellones 74.6 km from Santiago, in case of rain, snow, high winds, clear risk of electrical storms or forest fire activity will be suspended.
- **Time of the year; operational from November to March (except for present weather conditions mentioned above).**

The climate is warm and temperate in Farellones. There is more rainfall in the winter than in the summer in Farellones. Farellones, the average temperature is 7.5 ° C. The precipitation is 494 mm to the year approx.

Being high mountain area isotherm 0 is from 2,500 meters. In summer can reach an average temperature of 13 degrees, the temperature drops overnight passing -2 degrees in some cases.

The geographical features of the route we operate and are potential risks associated; rocky, sandy, snowy or icy terrain (winter) in addition to the particular weather conditions

how the low oxygen content,

temperature and atmospheric pressure, all of which decrease with height (altitude), also we found throughout the route both vehicular and associated with steep slopes walk and / or slopes, besides detachment sediments, rock, river crossings (creeks), bridges etc., in winter, temperatures are very cold and high rainfall, mostly in the form of snow, because the height varies between 2500 m to 5424 m above sea level where the isotherm 0 ° acts from the 2500 meters above sea level making it difficult accessibility still follow roads operating, the path along which our vehicles is paved from Farellones to Valle Nevado, the vehicle is parked in the (Cable ferry three points), from then on the road is unpaved , no loosening of rocks next to the road, The trail is a clear footprint, both winter and summer, as for the alternative route there is only one way of accessibility to the sector which is used to and back, in case of a flood due to the increase in the flow of rivers and sediment movement group remain isolated and disconnected in this case the guide will have to activate the contingency plan via satellite phone to communicate the situation and provide coordinates to coordinate in this case the guide will have to activate the contingency plan via satellite phone to communicate the situation and provide coordinates to coordinate in this case the guide will have to activate the contingency plan via satellite phone to communicate the situation and provide coordinates to coordinate

rescue if necessary, while allmountain his team always provides more food, water and personal protective equipment (blankets, flashlights, gloves) among others to ensure receipt of our team and customers.

- **considerations:** They should be considered under 0, which vary during the hours of the day.
- **Number of participants:** out the most customers to bring the activity weather stable is 6 guests per guide, in the most adverse weather conditions customers guide are 4 anyway allmountain always works with assistant guide are two clients or six customers.
- **Limitations and / or restrictions of activity:** Minimum age: 15 years Maximum: 70 years (variable) in the case of minors must have permission from their parents or guardians to attend the activity.

Prior to the activity must complete the required medical file and specify health problems such as diabetes, hypertension, cardiovascular problems and / or recent injuries among others, to assess whether the client meets the basic requirements to participate in the activity.

As for the client load limits will depend on your age and physiology, it will also go through an assessment by the guide in charge.

- From 14 to 16 years which is the age range of our customers; the backpack should not weigh more than 15 kg and for periods no longer than 90 minutes, in any case the loaded weight should exceed 40% of body weight.
- Age limits also depend on the altitude of the mountain to visit. Under the 3000 meters: age 12 years. Between 3,000 and less than 4,000 meters: age 15 years. Between 4,000 m and less than 6,000 meters: age 16. Between 6,000 m and 6,500 m: age 17 years. About 6,500 meters: age 18 years.

* Expeditions to the above references, except for shipments under 3,000 meters, where the minimum age is 15 years apply.

- **Experience and technical skills required to the customer:** No experience or technical skills required, just be well acclimated.

- **Activity objectives:** Perform the activity High Mountain, with all the security that this sport requires.

- **Difficulty level activity:** The difficulty level of activity is medium to difficult, the altitude is 2,100 meters and height field. Otherwise the summit day requires a significant level of acclimatization. Near the cairn of the Inca you have to cross a snowfield and correctly use the technique with crampons and ice ax. Before making the ascent to the summit they are given a safety talk to our customers and practiced with them the techniques of self arrest and driving techniques with ice ax and crampons. Other sections of the mountain have neither require technical level only health according to the activity.

- **Type of activity:** Trekking High Mountain.

- **Conveyance:** 4x4, Toyota 4Runner.

- **Types of accommodation:** Camps, high mountain tents 4 seasons.

- **Meals included:** Snack, march snack, breakfast, lunch and dinner.

- **Other Features:**
 - Bilingual Mountain Guide with current WFR (Wilderness First Responder)
 - Assistant bilingual guide.
 - Complete first aid kit.
 - 4x4 transport from hostel, hotel or home address. It can also be at a point chosen by the customer (round trip).
 - GPS.
 - Pulsometer.
 - Radios.
 - Mountain equipment: ice ax, crampons, helmets.
 - Should you require equipment rental, you can manage us.

- **Services not included:**
 - Travel insurance
 - technical clothing

- **Recommended clothing and equipment for the activity:**
 - Sun hat / Cold cap.
 - Gloves or mittens (first and second layers).
 - Sunglasses.
 - Windbreaker.
 - Down jacket.
 - First layer (shirt and trousers).
 - Second layer (polar).
 - Winter trekking trousers.
 - Bring boots trekking boots or plastic (wearing new shoes or hiking boots are not recommended, as these could cause injury on the heels of your feet).

 - Socks (2 pairs of socks in case of using bototos trekking, a thin pair and a thicker top, this will prevent injuries such as blisters).

 - Sunblock factor 50+
 - Backpack staff to climb to the summit (25 to 30 liters)
 - Headlamp
 - Pen bag (we recommend pen over synthetic bags pen)
 - Pad
 - Backpack 65 to 80 liters
 - 2 bottles of water (Nalgene 1 liter or half liter)

- **Insurance information involved:** It does not include travel insurance.

- **Rates and conditions of these:** Securities and payment terms are on the itinerary of the activity.